

NEWSLETTER

With the compliments of the Parochial Church Council of St. Denys Church, Ravensthorpe



Worlds Biggest Coffee Morning, Saturday 14th Sept

We are delighted to invite you to get involved with this years 'Worlds Biggest Coffee Morning' for Macmillan Cancer Support.

The coffee morning will take place in Ravensthorpe Village Hall from **10 am -12 noon on Saturday 14th September.**

There are so many ways you can get involved and your help with any of the following would as always be most appreciated. Please ring Pat Foss (770466) if collection is required.

- Drop any 'Bring & Buy' items or cakes to Village Hall on Saturday morning.
- Good quality 'Bric a Brac', new or nearly new to Roger & Pat Spring: 23 Guilsborough Rd (770 403)
- Books to Liz Reader: 34 High St (770 275)
- Raffle Prizes to John Patrick 32 High St (770 596). We hope you can join us!



Ravensthorpe & Coton Village Show 2013

Many thanks to everyone who helped make the 11th August a special and memorable show. For more photographs of the event, see the special edition page.

Show Winner:

Winner of WI Cup (most points): **Margaret Lewis.**
Best in Show (Winner of Trophy Cup): **Margaret Lewis**

Adults:

Overall Winner Vegetables: **Ken Pawson.**
Overall Flowers Winner: **Jean Wiseman.**
Overall Cooking Winner: **Shirley Blakelock / Meg Benn.**
Overall Arts & Crafts Winner: **Pauline Smyth.**
Overall Cake Winner (men only): **Chris Freeman.**
Overall Men's consolation prize: **Bill Douglas.**

Children:

Overall winner 7years & under: **Nye Marshall-Cross.**
Overall winner 8 years & over: **Tarrin Marshall-Cross.**

From left to right: Jean Wiseman, Meg Benn, Shirley Blakelock, Ken Pawson, Chris Freeman, Bill Douglas, Margaret Lewis, Pauline Smyth, Nye & Tarrin Marshall-Cross.

National Garden Scheme in Ravensthorpe

Thanks to everyone who supported our annual National Gardens Scheme open day on July 14th. We raised nearly £1,600 for the scheme, including money raised by extra openings at the Nursery and Mill House through the summer, so a very worthwhile contribution was made to the work of Macmillan and Marie Curie Nurses and the other charities supported by the NGS scheme.



The Village Hall also benefitted from money raised from the sale of teas. Particular thanks to Chris and Tricia Freeman for opening their garden at the last minute!

As we have lost a couple of 'openers' for family reasons, we are looking for new gardens and would be very pleased to hear from you if you think you would like to join the scheme next year. Don't worry that your garden is too small or "ordinary". Visitors are just as interested to see what can be achieved in a small space and, though I suppose I shouldn't say so, the gardens are part of the whole experience of wandering around a different village, enjoying the views and the tea and cakes!

If you wish to be included in the Ravensthorpe NGS in 2014, please get in touch with Jean Wiseman by return as the publish deadline for the Yellow Book is almost upon us! 770 548 / ravensthorpenursery@hotmail.com

Many thanks Jean Wiseman

Church Key holders

We've been asked by our insurers to maintain a list of all key holders, and think ours is a bit out of date! So if you hold a church key please can you let Meg Benn (770629) know in the next few weeks?

The Uplands Group of Churches has launched a new facebook page, www.facebook.com/uplandsgroupofchurches Why not follow us if you'd like to keep up to date with what's going on in the area?

Gardening help wanted!

We're looking to put together a working party to take on a few regular light gardening jobs in the churchyard – if you could offer a few hours every now and again, please let Alice (771 245) or David Johnston know.

What's On?

Biggest Coffee Morning 14th Sep 10am–12pm

← See article on the left.

Ride & Stride Sat 14th Sept

Fundraise and get fit by walking or cycling around as many local churches as you can and getting sponsored for it. If you'd rather, you can volunteer to man the church for an hour or two. Contact Alice (771 245) for sponsor forms, a list of all churches taking part, or to find out more.

Churchyard Treasure Trail & Tea Stop 15th September

Everyone is welcome to come along on Sunday 15th Sept from 2.30-4pm at the Church. Children of all ages are welcome to take part in the treasure trail. Tea, cakes & biscuits are provided for parents and anyone else who'd like to drop in and join us at the church for a chat with friends.

Village Hall Lunch, 18th Sept

The next village hall lunch will be held on Wednesday 18th Sept. Contact Lin Hudson.

WI meeting 19th Sept

The next meeting will be held on Thursday 19th Sept at 8pm at the Ravensthorpe Village Hall. This meeting will be a cheese and wine evening and include a WI Quiz.

Harvest Supper Sat 5th October

Join us on Saturday Oct 5th at 7.00 for 7.30pm at the Village Hall. There will be plenty of good food, a bar, and good company!

Tickets £6.50 (£4.00 under 14s) from Meg Benn (770 629). Also please contact Meg if you can help provide food.

The Harvest Festival and auction of produce for charity is the next morning at the Church, so please come along to share your produce or bid for some!

Any harvest contributions (produce / craft) from children are particularly welcome.

WI Ravensthorpe Village History Walk

It was good to see so many of the local villagers turning out for what proved to be a fun and informative evening. Many people felt that an effort should be made to record the history of the village.

In this electronic age it is easy to scan in old photos and mementos which could be compiled online or published into a book.

If you have anything relevant to the history of Ravensthorpe that you think should be recorded or if you would like to lead this exciting project please contact Liz Ellison:

01604 770463 ellisonthomas10@yahoo.com

Note from the editor

*I would like to thank **Watson** for committing to sponsor the newsletter until April 2014.*

We currently produce 330 copies of the newsletter each month and Watson's sponsorship will significantly contribute towards the costs of production, this will in turn save church funds!

Thank you Watson!

PS For the time being in addition to our exercise classes, we will only permit one commercial sponsor to advertise in the newsletter.

Viv Rees

Northamptonshire Walk Ten

Brush off your walking boots, grab your glow sticks and load up your picnic baskets in support of Marie Curie Cancer Care in Northamptonshire on, Saturday 7th September.

Held for the previous three years at Boughton House, which proved hugely successful, this years comes to one of England's best-loved historic homes, Althorp.

Walk Ten is a sponsored twilight 10k walk which will wind it's way through the stunning Estate beginning at 6pm, followed by an after dark picnic, as participants listen to live music from local band Cousin Avi, and enjoy entertainment from Northampton.

The evening culminates with a fire extravaganza from local fire POI performers, as we mark 10pm, the time when the majority of Marie Curie nurses begin their evening shifts, entering homes of terminally ill patients to provide care for them and their families throughout the night.

This year Walk Ten Althorp House is supported by Heart Four Counties FM, who will be supporting the event on the night by sending their Heart Angels along, who will be hosting their Mini Alfresco Zone and providing lots of other family entertainment.

Registration for the event is now open you can sign up at www.mariecurie.org.uk/althorp or by calling 0845 0524184.

Village Hall Refurbishments

We are very pleased that further improvements to the Hall have now been completed. The ladies & gents toilets have been refurbished & the main hall has been fitted with acoustic panels to reduce noise.

This is the final piece of refurbishment. Great credit must go to the committee & especially to Kevin Ross who has been project manager & overseen the work.

Pocket Park Update

Every Autumn we cut the grass area of the Pocket Park and rake it off to allow the wild flowers to grow the following year.

This year this has resulted in some really good displays appreciated by humans and wildlife alike. The raking will take place on **Saturday 12th October, starting at 9.30 am.**

Please join us if you have an hour or so to spare. For further information contact the coordinator Cliff Giles on 770451.





Fuel for home, farm and industry

Proud to support the Ravensthorpe, Coton & Teeton Newsletter

Northampton

01604 880191

Back Care Pilates in the High Street

I always surprised and delighted just how many wonderful activities take place in Ravensthorpe. After recently sustaining a minor back injury gardening, I was particularly thrilled, to find a back care exercise class running in the Village Hall.



Tina Sheridan is a qualified Stott Pilates instructor who runs this excellent class for **men and women** to help maintain & strengthen the core muscles that support the back to help prevent recurrence of injury and protects you in the future.

Why not join one of her classes on a Saturday morning?

Day	Time	Ravensthorpe Village Hall	Price	Contact
Monday	09.20 – 10.20 10.25 – 11.25 11.30 -12.30	Pilates	£6.50	Natalie Carter 07967 811945
		Pilates	£6.50	
		Beginners Pilates	£6.50	
Tuesday	09.45 – 10.45	Triple Workout (aerobics/toning & flexibility)	£5	Vicky Sewell 07970 116576
Thursday	10.00 – 11.00 11.05 – 12.05	Pilates	£6.50	Natalie Carter 07967 811945
		Pilates	£6.50	
Saturday	09.00 – 10.00 10.00 – 11.00	Special Back Care Pilates	£7	Tina Sheridan 07810 380636
		Special Back Care Pilates	£7	

Church Services	Time	Service	Location	Flower/brass rota
Sunday 1 st September	8.30am	Traditional Communion	Ravensthorpe	Yvonne Reeve
Sunday 8 th September	10.00am	Group Communion	Spratton	Barbara Ward
Sunday 15 th September	9.45am	Communion	Ravensthorpe	Barbara Ward
Sunday 22 nd September	11.00am	Group All-Age Service with refreshments	Ravensthorpe	Liz Reader
Sunday 29 th September	10.00am	Group Communion	Hollowell	Liz Reader
Sunday 6 th October	TBC	Harvest Festival and Auction	Ravensthorpe	Yvonne Reeve

Email September contributions to ravensthorpenewsletter@gmail.com
for the attention of the editor, Viv Rees (01604 771 076) by: **5pm Monday 23rd September 2013**

Visit the village website: www.ravensthorpe.me.uk or find us on Facebook 'Ravensthorpe Northampton'